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 **Medical Appointments – Additional Resources**

“[Caring for Your Patient with ASD](https://www.yorkasdpartnership.org/supports/caring-for-your-patient-with-asd-tips-for-health-care-providers/)” and “[My Medical Appointment](https://www.yorkasdpartnership.org/supports/my-medical-appointment/)” are resources developed by the York ASD Partnership to assist individuals with ASD and their families/caregivers in accessing the best health care possible by providing health care professionals with clear, specific and relevant information. If those resources do not meet your needs or if you require additional assistance, the resources listed below may help.

*CanChild MyTransition*

<https://www.canchild.ca/en/research-in-practice/current-studies/apply-the-mytransition-app-in-transition-applyit-study/mytransition-app>

*H-CARDD Website*

<https://www.porticonetwork.ca/web/hcardd> (with links to items 3, 4, 5, 6, 7 below)

*About My Health*

<https://ddprimarycare.surreyplace.ca/wp-content/uploads/2021/03/5.1-About-My-Health-new.pdf>

*My Healthcare Visit*

<http://ddprimarycare.surreyplace.ca/wp-content/uploads/2019/08/5.2-My-Healthcare-Visit.pdf>

*About Me*

[https://www.porticonetwork.ca/documents/38160/99698/About+Me\_YM\_Oct14\_rotated.pdf/f2f436ee-63ec-4e76-ab10-c5924de5bc75](https://www.porticonetwork.ca/documents/38160/99698/About%2BMe_YM_Oct14_rotated.pdf/f2f436ee-63ec-4e76-ab10-c5924de5bc75)

*Seizure Action Plan*

<https://ddprimarycare.surreyplace.ca/wp-content/uploads/2019/06/3.7.2-Seizures-Action-Plan.pdf>

*Developmental Disabilities Primary Care Guidelines*

<https://apps.apple.com/ca/app/developmental-disabilities/id1517334408>

ConnectAbility “Health and Wellness” section

<https://connectability.ca/2011/09/19/health-and-wellness-2/>